

The most common cause of a wobbling delivery is the little finger. If it drifts too far up the side of the bowl it has a tendency to flick the bowl as it leaves your hand. If nothing else, try making sure that your little finger is resting on the grips.

It can feel slightly precarious if you are used to spreading your fingers but, once you get comfortable that the bowl isn't going to fall out of your hand, it could help your consistency of line and weight.

GO ON, GIVE IT A TRY. YOU KNOW YOU WANT TO

Like most things in our game, there is no right way or wrong way to deliver a bowl. The best way is the way that works for you. But it is always worth trying different things just to see if they make a difference. If they don't or they make things worse just go back to your own tried and tested method.

Happy bowling.

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