

“Short Mat Times”

Dear All

Welcome to issue 8 of the Newsletter. I am sorry it is a bit later than usual, somehow other things have got in the way. This last week I have spent picking courgettes and trying to find 100 dishes to make with them. So far our favourite is courgette and chocolate cake! Any further suggestions will be gratefully received.

Take care for now. Margaret x



Adrienne and Margaret Hare have both been unwell in the last few weeks and I know that all of us send them our love and wish them a speedy recovery.

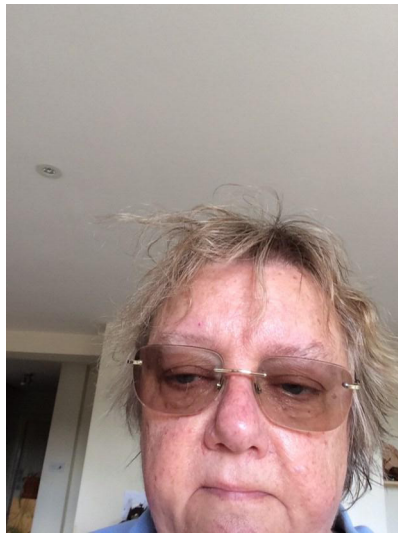


Hair Style Caption Competition. Thank you to Liz and Ann for sending photos. Has everyone else had no bother with their hair?

Make up captions to go with the photos below send them in to Margaret and we will decide on the best one to win a great prize.



1. Liz



2. Margaret R



3. Ann D

Before anyone says—I know my hair normally looks like this. M