

so. If the newsletter continues, I have some ideas for further articles on aspects of technique but, if there any topics you want me to cover, all ideas will be gratefully received.

Hope to see you all soon.

**BM**



Celebrating our 70<sup>th</sup> birthday coronavirus style. A good time was had by all. Unfortunately, Bill and Toni were unable to join us as they were shielding before Bill's operation.